

70m

Time	Surname	First Name	Date	Venue	Age Group	Comments
12.8	Parkes	Ben	30/05/2011	Andover	U9B	

75m

Time	Surname	First Name	Date	Venue	Age Group	Comments
10.14	Howard	Aaron	17/08/2011	Brighton	U13B	
11.9	Wickes	Joe	16/04/2011	Portsmouth	U11B	
12.9	Sodha	Jaysal	16/04/2011	Portsmouth	U13B	
13.5	Brown	Brooklyn	16/04/2011	Portsmouth	U11B	
13.5	Payne	Ryan	16/04/2011	Portsmouth	U11B	

80m

Time	Surname	First Name	Date	Venue	Age Group	Comments
10.9	Howard	Aaron	05/07/2011	Southampton	U13B	

100m

Time	Surname	First Name	Date	Venue	Age Group
11.3	Dell	Dan	09/07/2011	Portsmouth	SM
11.32	Ratcliffe	Sam	15/05/2011	Portsmouth	SM
11.35			15/05/2011	Portsmouth	
11.5			22/05/2011	Sandown	
11.6			30/07/2011	Woking	
11.6	Blackler	Stuart	04/06/2011	Yeovil	SM
11.7			30/07/2011	Woking	
11.9			07/05/2011	Worthing	
11.71	Parkes	Leslie	27/08/2011	Abingdon	U15B
11.73			27/08/2011	Abingdon	
11.74			29/08/2011	Crawley	
11.77			15/05/2011	Bedford	
11.79			15/05/2011	Portsmouth	
11.9			18/06/2011	Erith	
11.91			15/05/2011	Portsmouth	
12.0			22/05/2011	Bedford	
12.0			30/05/2011	Andover	
12.0			05/06/2011	Winchester	
12.0			11/06/2011	Aldershot	
12.0			01/07/22011	Gateshead	
12.00			03/08/2011	Woking	
12.03			02/04/2011	Basingstoke	
12.06			02/04/2011	Basingstoke	
12.1			30/05/2011	Andover	
12.14			20/07/2011	Lee Valley	
12.2			16/04/2011	Portsmouth	
12.2			11/06/2011	Aldershot	
12.23			20/07/2011	Lee Valley	
12.3			08/05/2011	Guildford	
12.38			26/03/2011	Bracknell	
12.48			26/03/2011	Bracknell	
12.49			06/08/2011	Ashford	
13.3			02/05/2011	Portsmouth	
11.8	Hodgkinson	Martin	09/07/2011	Portsmouth	SM
11.89			13/08/2011	Oxford	
12.2			16/04/2011	Portsmouth	
12.5	Kelly	Josh	16/04/2011	Portsmouth	U20M
12.67	Spinks	Chris	13/08/2011	Oxford	U20M
12.8			16/04/2011	Portsmouth	
13.0	Brown	Tim	18/04/2011	Portsmouth	M35
13.4			20/06/2011	Winchester	
13.2	Howard	Aaron	14/08/2011	Horsham	U13B
13.2			14/09/2011	Portsmouth	
13.4			19/06/2011	Watford	
13.47			03/08/2011	Woking	
13.50			15/05/2011	Portsmouth	
13.52			28/08/2011	Oxford	
13.51			15/05/2011	Portsmouth	
13.6			08/05/2011	Portsmouth	

100m

Time	Surname	First Name	Date	Venue	Age Group
13.6			22/05/2011	Bedford	
13.6			05/06/2011	Winchester	
13.67			29/08/2011	Crawley	
13.71			04/09/2011	Woking	
13.77			04/09/2011	Woking	
13.8			15/06/2011	Winchester	
13.9			16/04/2011	Portsmouth	
13.98			02/04/2011	Basingstoke	
14.3			10/04/2011	Abingdon	
14.4			03/04/22011	Bournemouth	
13.3	Berryman	Craig	16/04/2011	Portsmouth	SM
13.7			04/06/2011	Yeovil	
13.3	Gordon	Matt	16/04/2011	Portsmouth	U20M
13.4	McNamara	Matt	16/04/2011	Portsmouth	SM
14.0	Davis	Steve	18/03/2011	Portsmouth	M50
14.3	Parks	Tony	16/04/2011	Portsmouth	M50
14.6			20/06/2011	Winchester	
14.4	Read	Harrison	16/04/2011	Portsmouth	U13B
14.5	Murdoch	Paul	20/06/2011	Winchester	M50
14.6	Squires	Steve	07/05/2011	Worthing	SM
15.2	Peters	Ben	08/05/2011	Guildford	U15B
15.5	Cawte	Mark	16/04/2011	Portsmouth	M40
15.7	Faull	James	16/04/2011	Portsmouth	U13B
15.7	Ferguson	Mark	18/04/2011	Portsmouth	M40
15.8	Berogna	Matteo	08/05/2011	Guildford	U13B
16.2			05/06/2011	Winchester	
17.6	Lavery	Malc	16/04/2011	Portsmouth	M45
19.3	Parkes	Benjamin	14/09/2011	Portsmouth	U11B

200m

Time	Surname	First Name	Date	Venue	Age Group
22.81	Ratcliffe	Sam	14/05/2011	Portsmouth	SM
22.8			30/07/2011	Woking	
22.83			28/06/2011	Sandown	
22.96			27/06/2011	Sandown	
23.2			22/05/2011	Sandown	
23.5	Blackler	Stuart	04/06/2011	Yeovil	SM
24.1			07/05/2011	Worthing	
24.05	Parkes	Leslie	14/05/2011	Portsmouth	U15B
24.16			14/05/2011	Portsmouth	
24.73			26/03/2011	Bracknell	Indoor
24.73			26/03/2011	Bracknell	
24.74			06/08/2011	Ashford	
24.87			08/01/2011	Lee Valley	Indoor
25.2			22/05/2011	Bedford	
25.5			08/05/2011	Guildford	
24.8	Hodgkinson	Martin	09/07/2011	Portsmouth	
24.93			13/08/2011	Oxford	
25.3			30/07/2011	Woking	
25.3	Kirby	Colin	09/07/2011	Portsmouth	
25.5	Spinks	Chris	07/05/2011	Worthing	U20M
26.6	Fox	Ricky	04/07/2011	Portsmouth	M40
27.03	Howard	Aaron	03/08/2011	Woking	U13B
27.16w			14/05/2011	Portsmouth	
27.2			14/09/2011	Portsmouth	
27.22			29/08/2011	Crawley	
27.3			14/08/2011	Horsham	
27.39			31/07/2011	Kingston	
27.51			14/05/2011	Portsmouth	
27.56			28/08/2011	Oxford	
27.7			11/09/2011	Bournemouth	
27.76			24/04/2011	Crawley	
27.76			04/09/2011	Woking	
27.8			05/06/2011	Winchester	
27.8			19/06/2011	Watford	
28.2			08/05/2011	Guildford	
28.3			03/04/2011	Bournemouth	
28.94			02/04/2011	Basingstoke	
28.95			02/04/2011	Basingstoke	
29.1			22/05/2011	Bedford	
31.66			04/09/2011	Woking	
28.0	McNamara	Matt	04/06/2011	Yeovil	SM
30.05			13/08/2011	Oxford	
28.2	Davis	Steve	04/07/2011	Portsmouth	M50
28.7			16/05/2011	Winchester	
30.0	Simpson	Neil	04/07/2011	Portsmouth	M40
30.5	Ferguson	Mark	16/05/2011	Winchester	M40
30.5	Pomfret	Nick	04/07/2011	Portsmouth	M55
31.9	Roulston	Greg	16/05/2011	Winchester	M40
33.2	Wickes	Joe	08/05/2011	Guildford	U13B
37.9	Spencer	Pete	16/05/2011	Winchester	M65

400m

Time	Surname	First Name	Date	Venue	Age Group
50.7	Dell	Dan	09/07/2011	Portsmouth	SM
53.2	Williams	Mike	07/05/2011	Worthing	SM
53.9			04/06/2011	Yeovil	
53.79	Spinks	Chris	27/03/2011	Crawley	U20M
54.05			13/08/2011	Oxford	
54.4			30/07/2011	Woking	
54.54			24/04/2011	Crawley	
57.5	Berryman	Craig	09/07/2011	Portsmouth	SM
57.9	Garland	Jim	20/06/2011	Winchester	M45
61.0	Hawkes	Rhys	07/05/2011	Worthing	SM
62.2			30/07/2011	Woking	
62.3			04/06/2011	Yeovil	
62.83			13/08/2011	Oxford	
69.3	Ferguson	Mark	18/04/2011	Portsmouth	M40
67.0	Beardsmore	Bill	20/06/2011	Winchester	M60
69.6			18/04/2011	Portsmouth	
70.4	Roulston	Greg	18/04/2011	Portsmouth	M50
70.5	Parks	Tony	20/06/2011	Winchester	M50
75.1	Peters	Ben	08/05/2011	Guildford	U15B

600m

Time	Surname	First Name	Date	Venue	Age Group	Comments
02:08.6	Wickes	Joe	16/04/2011	Portsmouth	U11B	
2:36.6	Brown	Brooklyn	16/04/2011	Portsmouth	U11B	

800m

Time	Surname	First Name	Date	Venue	Age Group	Comments
1:58.01	Spinks	Chris	17/08/2011	Eltham	U20M	
1:59.00			24/07/2011	Brighton		
02:01.5			16/04/2011	Portsmouth		
2:02.3			03/04/2011	Bournemouth		
2:03.2			30/07/2011	Woking		
2:03.3			10/07/2011	Portsmouth		
2:02.4			07/05/2011	Worthing		
2:02.7			09/07/2011	Portsmouth		
2:03.0			01/05/2011	Bournemouth		
2:03.5			11/06/2011	Aldershot		
2:04.40	Berryman	Craig	29/08/2011	Crawley	SM	
2:06.0			14/09/2011	Portsmouth		
2:07.8			04/06/2011	Yeovil		
2:09.3			14/05/2011	Portsmouth		
2:09.4			30/07/2011	Woking		
2:13.5			16/04/2011	Portsmouth		
2:15.12			13/08/2011	Oxford		
2:09.5	Gordon	Matt	16/04/2011	Portsmouth	U20M	
2:19.5	Jack	Chris	04/07/2011	Portsmouth	M35	
2:21.5	McNamara	Matt	09/07/2011	Portsmouth	SM	
2:26.10			13/08/2011	Oxford		
2:26.8			24/04/2011	Crawley		
2:26.8			07/05/2011	Worthing		
2:27.0			04/06/2011	Yeovil		
2:28.1			16/04/2011	Portsmouth		
2:35.55			27/03/2011	Crawley		
2:27.0	Delabreufaria	Virgilio	04/07/2011	Portsmouth	M40	
2:28.9	Hodgkinson	Martin	16/04/2011	Portsmouth	SM	
2:27.5	Symmonds	Dave	07/05/2011	Worthing	M45	
2:28.1			16/05/2011	Winchester	M45	
2:30.0			16/04/2011	Portsmouth		
2:31.3	Read	Harrison	16/04/2011	Portsmouth	U15B	
2:34.5	Parkes	Leslie	16/04/2011	Portsmouth	U15B	
2:37.54			08/01/2011	Lee Valley		Indoor
2:38.8	Faull	James	16/04/2011	Portsmouth	U15B	
2:39.0			19/06/2011	Watford		
2:53.1			08/05/2011	Guildford		
2:41.5	Howard	Aaron	16/04/2011	Portsmouth	U13B	
2:45.5			27/03/2011	Lee Valley		Indoor
2:48.9			02/05/2011	Portsmouth		
2:44.4	Dicken	Jes	04/07/2011	Portsmouth	M50	
2:46.5	Wilkes	Joe	08/05/2011	Guildford	U13B	
2:49.2	Beardsmore	Bill	04/07/2011	Portsmouth	M60	
2:54.2	Lavery	Malc	16/04/2011	Portsmouth	M45	
2:55.3	Parks	Tony	16/04/2011	Portsmouth	M50	
3:52.8	Cawte	Mark	16/04/2011	Portsmouth	M50	

1500m

Time	Surname	First Name	Date	Venue	Age Group	Comments
4:10.82	Spinks	Chris	29/08/2011	Crawley	U20M	
4:15.1			10/04/2011	Abingdon		
4:22.1			04/06/2011	Yeovil		
4:24.1			09/07/2011	Portsmouth		
4:29.6			30/07/2011	Woking		
4:15.68	Gordon	Matt	29/08/2011	Crawley	U20M	
4:18.51			13/07/2011	Crawley		
4:24.3			07/05/2011	Worthing		
4:24.7			10/07/2011	Portsmouth		
4:35.4	Berryman	Craig	30/07/2011	Woking	SM	
4:38.0			04/06/2011	Yeovil		
4:47.03			13/08/2011	Oxford		
4:43.4	Dixon	Colin	20/06/22011	Winchester	M40	
4:59.2	Wrapson	Chip	18/04/2011	Portsmouth	M50	
5:00.0	Ferguson	Mark	18/04/2011	Portsmouth	M40	
5:00.9	Renyard	Malcolm	18/04/2011	Portsmouth	M65	
05:01.3	Symmonds	Dave	18/04/2011	Portsmouth	M45	
05:03.9			07/05/2011	Worthing		
05:13.3	Carter	Paul	18/04/2011	Portsmouth	M45	
05:20.5			20/06/2011	Winchester		
05:20.6	McNamara	Matt	13/08/2011	Oxford	SM	
5:24.5	Lavery	Malcolm	09/07/2011	Portsmouth	M45	
05:28.6	Faull	James	22/05/2011	Bedford	U15B	
05:44.2	Dicken	Jes	20/06/2011	Winchester	M50	
06:14.6	Coles	Martin	18/04/2011	Portsmouth	M50	

3000m

Time	Surname	First Name	Date	Venue	Age Group
9:27.03	Gordon	Matt	24/07/2011	Brighton	U20M
09:33.5			22/06/2011	Crawley	
09:34.0			25/05/2011	Southampton	
09:34.1	Dixon	Colin	04/07/2011	Portsmouth	M40
10:36.4	Ferguson	Mark	04/07/2011	Portsmouth	M40
11:14.0	Cooper	Jonathan	29/05/2011	Portsmouth	U20M
11:20.8			10/07/2011	Portsmouth	
11:40.5			01/05/2011	Bournemouth	
11:16.0	Lavery	Malcolm	14/0/11	Portsmouth	M45
11:30.68			27/03/2011	Crawley	
11:42.4			04/07/2011	Portsmouth	M45
12:02.0	Kirby	Colin	14/09/2011	Portsmouth	SM
12:03.9	Dicken	Jes	04/07/2011	Portsmouth	M50
14:52.8	Foden	Graham	04/07/2011	Portsmouth	M60

5000m

Time	Surname	First Name	Date	Venue	Age Group
17:12.0	Dixon	Colin	20/06/2011	Winchester	M40
17:01.6	Woods	Dave	30/07/2011	Woking	SM
17:14.4			07/05/2011	Worthing	SM
17:18.1			09/07/2011	Portsmouth	
17:16.1	Spinks	Chris	04/06/2011	Yeovil	U20M
17:29.4	Berryman	Craig	07/05/2011	Worthing	SM
17:56.5			13/08/2011	Oxford	
18:35.8	Ferguson	Mark	09/07/2011	Portsmouth	M40
18:45.2			20/06/2011	Winchester	
18:46.7	Renyard	Malcolm	20/06/2011	Winchester	M65
19:29.7	Lavery	Malcolm	30/07/2011	Woking	M45
20:03.46			13/08/2011	Oxford	
23:09.6	Foden	Graham	20/06/2011	Winchester	M60

60m Hurdles

Time	Surname	First Name	Date	Venue	Age Group	Comments
11.2	Howard	Aaron	27/03/2011	Lee Valley	U13B	Indoor

75m Hurdles

Time	Surname	First Name	Date	Venue	Age Group	Comments
13.26	Howard	Aaron	28/08/2011	Oxford	U13B	
13.5			14/08/2011	Horsham		
13.55			15/05/2011	Portsmouth		
13.66			31/07/2011	Kingston		
13.9			08/05/2011	Guildford		
13.9			05/06/2011	Winchester		
13.9			15/06/2011	Winchester		
14.0			22/05/2011	Bedford		
14.0			19/06/2011	Watford		
14.1			24/04/2011	Crawley		
14.5			10/04/2011	Abingdon		
18.1			02/05/2011	Portsmouth		

110m Hurdles

Time	Surname	First Name	Date	Venue	Age Group
21.92	Berryman	Craig	13/08/2011	Oxford	SM
22.9			09/07/2011	Portsmouth	
24.5			30/07/2011	Woking	
23.6	Squires	Steve	07/05/2011	Worthing	SM
21.8	Hawkes	Rhys	04/06/2011	Yeovil	SM
22.6			30/07/2011	Woking	
23.8			07/05/2011	Worthing	
22.83			13/08/2011	Oxford	

400m Hurdles

Time	Surname	First Name	Date	Venue	Age Group
68.5	Berryman	Craig	07/05/2011	Worthing	SM
70.09			13/08/2011	Oxford	
70.8			09/07/2011	Portsmouth	
73.7			30/07/2011	Woking	
70.4	Hawkes	Rhys	04/06/2011	Yeovil	SM
70.6			30/07/2011	Woking	
72.2			07/05/2011	Worthing	
76.30			13/08/2011	Oxford	
77.6	Williams	Mike	04/06/2011	Yeovil	SM

2000m Steeplechase

Time	Surname	First Name	Date	Venue	Age Group
06:44.5	Gordon	Matt	10/07/2011	Portsmouth	U20M
7:00.13			24/07/2011	Brighton	
08:58.1	Cooper	Jonathan	29/05/2011	Portsmouth	U20M

3000m Steeplechase

Time	Surname	First Name	Date	Venue	Age Group
10:39.5	Gordon	Matt	09/07/2011	Portsmouth	U20M
12:37.8			04/06/2011	Yeovil	
10:55.8	Dixon	Colin	16/05/2011	Winchester	M40
10:49.65	Berryman	Craig	17/07/2011	Bedford	SM
10:56.3			29/05/2011	Bedford	
10:59.5			15/05/2011	Portsmouth	
11:30.1			07/05/2011	Worthing	
11:41.7	Woods	Dave	30/07/2011	Woking	SM
11:52.5			07/05/2011	Worthing	
11:53.7			09/07/2011	Portsmouth	
12:06.8	Ferguson	Mark	16/05/2011	Winchester	M40
13:59.7	Lavery	Malcolm	30/07/2011	Woking	M45
14:17.42			13/08/2011	Oxford	
16:13.6	Hawkes	Rhys	04/06/2011	Yeovil	SM

2000m Walk

Time	Surname	First Name	Date	Venue	Age Group
11:20.0	Emmott	Alan	04/07/2011	Portsmouth	M60
11:29.3			18/04/2011	Portsmouth	
11:52.4	Osgood	Roger	04/07/2011	Portsmouth	M65
13:58.5	Cawte	Mark	04/07/2011	Portsmouth	M40
14:44.7			18/04/2011	Portsmouth	
14:39.9	Sutcliffe	David	04/07/2011	Portsmouth	M75

3000m Walk

Time	Surname	First Name	Date	Venue	Age Group
18:52.5	Osgood	Roger	14/05/2011	Portsmouth	M65

Shot Putt

Distance	Surname	First Name	Date	Venue	Age Group	Comments
12.5	Kelly	Josh	11/06/2011	Aldershot	U20M	6k
12.43			15/05/2011	Portsmouth		6k
12.42			19/06/2011	Ashford		6k
12.24			29/05/2011	Portsmouth		6k
12.12			14/09/2011	Portsmouth		6k
11.88			16/04/2011	Portsmouth		6k
11.84			29/08/2011	Crawley		6K
11.42			24/07/2011	Brighton		6k
11.12			04/06/2011	Yeovil		7.26k
10.94			01/05/2011	Bournemouth		6k
10.62			10/07/2011	Portsmouth		6k
10.27			30/07/2011	Woking		7.26k
10.03			07/05/2011	Worthing	U20M	7.26k
9.48			9/0/011	Portsmouth		7.26k
9.92	Scarborough	Mark	16/04/2011	Portsmouth	M50	6k
9.24			30/07/2011	Woking		7.26k
9.19			16/04/2011	Portsmouth		6k
9.14			07/05/2011	Worthing		7.26k
9.58	Brown	Tim	18/04/2011	Portsmouth	M35	7.26k
9.37			20/06/2011	Winchester		
9.12	Parkes	Leslie	16.04/2011	Portsmouth	U15B	4k
8.95	Howard	Aaron	14/09/2011	Portsmouth	U13B	3.25k
8.53			03/08/201	Woking		
8.34			04/09/2011	Woking		
8.31			17/08/2011	Brighton		
8.30			11/09/2011	Bournemouth		
7.92			31/07/2011	Kingston		
7.62			29/08/2011	Crawley		
7.53			24/04/2011	Crawley		
7.17			16/04/2011	Portsmouth		
7.16			10/04/2011	Abingdon		
7.05			15/05/2011	Portsmouth		
6.98			03/04/2011	Bournemouth		
6.86			02/04/2011	Basingstoke		
6.80			02/05/2011	Portsmouth		
6.50			27/03/2011	Lee Valley		3.25k Indoor
7.94	Berryman	Craig	16/04/2011	Portsmouth	SM	7.26k
7.74			04/06/22011	Yeovil		
7.47			13/08/2011	Oxford		
7.79	Spencer	Pete	20/06/2011	Winchester	M65	5k
7.52			18/04/2011	Portsmouth		6k
7.77	Kirby	Colin	09/07/2011	Portsmouth	SM	7.26k
7.70	Cawte	Mark	16/04/2011	Portsmouth	M40	7.26k
7.55	Hodgkinson	Martin	16/04/2011	Portsmouth	SM	7.26k
7.54	Spinks	Chris	16/04/2011	Portsmouth	U20M	6k
7.35	Read	Harrison	16/04/2011	Portsmouth	U15B	4k
6.00	Parks	Tony	16/04/2011	Portsmouth	M50	6k
5.28	Faull	James	16/04/2011	Portsmouth	U15B	4k
5.27	Lavery	Malc	16/04/2011	Portsmouth	M45	7.26k

Shot Putt

Distance	Surname	First Name	Date	Venue	Age Group	Comments
5.00	Mcnamara	Matt	16/04/2011	Portsmouth	SM	7.26k
4.39	Gordon	Matt	16/04/2011	Portsmouth	U20M	6k
3.92	Berogna	Matteo	05/06/2011	Winchester	U13B	3.25k
3.63			08/05/2011	Guildford		
3.56	Payne	Ryan	16/04/2011	Portsmouth	U13B	3.25k
3.16	Sodha	Jaysal	16/04/2011	Portsmouth	U13B	3.25k

Javelin

Distance	Surname	First Name	Date	Venue	Age Group	Comments
40.78	Simpson	Neil	04/07/2011	Portsmouth	M45	800g
38.65	Kelly	Josh	30/07/2011	Woking	U20M	800g
36.20			04/06/2011	Yeovil		800g
35.70			29/05/2011	Portsmouth		800g
35.46			24/07/2011	Brighton		800g
35.21			07/05/2011	Worthing		800g
33.23			01/05/2011	Bournemouth		800g
31.26			09/07/2011	Portsmouth		800g
30.59	Scarborough	Mark	13/08/2011	Oxford	M50	800g
29.53			16/05/2011	Winchester		700g
29.33			30/07/2011	Woking		800g
29.22			16/04/2011	Portsmouth		700g
28.44			07/05/2011	Worthing		800g
27.81			04/07/2011	Portsmouth		700g
28.41	Kirby	Colin	09/07/2011	Portsmouth		800g
27.23	Parks	Tony	04/07/2011	Portsmouth	M50	700g
24.96	Spinks	Chris	04/06/2011	Yeovil	U20M	800g
24.95			13/08/2011	Oxford		800g
21.97	Spencer	Pete	04/07/2011	Portsmouth	M65	700g
21.44			16/05/2011	Winchester		700g

Hammer

Distance	Surname	First Name	Date	Venue	Age Group	Comments
37.86	Parkes	Leslie	24/08/2011	Dartford	U15B	4k
36.21	Brown	Tim	20/06/2011	Winchester	M35	7.26k
35.35			18/04/2011	Portsmouth		7.26k
24.82	Scarborough	Mark	16/04/2011	Portsmouth	M50	6k
24.75			20/06/2011	Winchester		6k
22.43			30/07/2011	Woking		7.26k
21.38			07/05/2011	Worthing		7.26k
17.87	Williams	Mike	04/06/2011	Yeovil	SM	7.26k
17.82	Spencer	Pete	18/04/2011	Portsmouth	M65	6k
16.12	Blackler	Stuart	07/05/2011	Worthing	SM	7.26k
13.04			04/06/2011	Yeovil	SM	
14.69	Berryman	Craig	30/07/2011	Woking	SM	7.26k
12.67			09/07/2011	Portsmouth	SM	7.26k

Discus

Distance	Surname	First Name	Date	Venue	Age Group	Comments
37.52	Parkes	Lesley	05/06/2011	Winchester	U15B	1.25k
37.41			18/06/2011	Erith		
36.44			27/08/2011	Abingdon		
36.34			20/08/2011	Bedford		
36.23			29/08/2011	Crawley		
35.40			06/08/2011	Ashford		
35.02			30/05/2011	Andover		
34.04			11/06/2011	Aldershot		
31.86			03/08/2011	Woking		
29.83			14/05/2011	Portsmouth		
27.63			08/05/2011	Guildford		
27.36			22/05/2011	Bedford		
29.81	Simpson	Neil	04/07/2011	Portsmouth	M45	2k
26.55	Spencer	Pete	16/05/2011	Winchester	M65	1k
26.63	Kelly	Josh	29/05/2011	Portsmouth	U20M	1.75k
24.08			24/07/2011	Brighton		1.75k
23.98			01/05/2011	Bournemouth		1.75k
23.73			30/07/2011	Woking		2k
23.03			07/05/2011	Worthing		2k
20.62			09/07/2011	Portsmouth		2k
20.48			04/06/2011	Yeovil	U20M	2k
24.35	Scarborough	Mark	04/07/2011	Portsmouth	M50	1.5k
23.91			16/05/2011	Winchester		1.5k
23.17			07/05/2011	Worthing		2k
20.21			13/08/2011	Oxford		2k
23.50	Kirby	Colin	09/07/2011	Portsmouth	SM	2k
16.42	Roulston	Greg	16/05/2011	Winchester	M50	1.5k
16.05	Spinks	Chris	04/06/2011	Yeovil	U20M	2k
15.41	Spinks	Chris	01/05/2011	Bournemouth	U20M	1.75k
14.51	Hodgkinson	Martin	30/07/2011	Woking	SM	2k
13.15			13/08/2011	Oxford		2k
14.17	Howard	Aaron	02/05/2011	Portsmouth	U13B	1k
13.92			11/09/2011	Bournemouth		1k
11.67			14/05/2011	Portsmouth		1k

Long Jump

Distance	Surname	First Name	Date	Venue	Age Group
5.52	Kelly	Josh	09/07/2011	Portsmouth	U20M
5.34	Parkes	Leslie	05/06/2011	Winchester	U15B
5.29			29/08/2011	Crawley	
5.09w			14/05/2011	Portsmouth	
5.01			16/04/2011	Portsmouth	
4.97			26/03/2011	Basingstoke	
4.87			26/03/2011	Bracknell	
5.18	Berryman	Craig	30/07/2011	Woking	SM
4.98			07/05/2011	Worthing	
4.88			16/04/2011	Portsmouth	
4.86			13/08/2011	Oxford	
5.02	Spinks	Chris	16/04/2011	Portsmouth	U20M
4.61	Hawkes	Rhys	04/06/2011	Yeovil	SM
4.38			07/05/2011	Worthing	
4.53	McNamara	Matt	04/06/2011	Yeovil	SM
4.22			16/04/2011	Portsmouth	
4.05			13/08/2011	Oxford	
4.50	Hodgkinson	Martin	16/04/2011	Portsmouth	SM
4.44			30/07/2011	Woking	
4.46	Parks	Tony	20/06/2011	Winchester	M50
4.18			16/04/2011	Portsmouth	
4.46	Gordon	Matt	09/07/2011	Portsmouth	U20M
4.39			16/04/2011	Portsmouth	
4.22	McNamara	Matt	16/04/2011	Portsmouth	SM
3.96	Roulston	Greg	18/04/2011	Portsmouth	M50
3.88			20/06/2011	Winchester	
3.95	Read	Harrison	16/04/2011	Portsmouth	U15B
3.94	Faull	James	19/06/2011	Watford	U15B
3.65			22/05/2011	Bedford	
3.56			16/04/2011	Portsmouth	
3.89	Howard	Aaron	17/08/2011	Brighton	U11B
3.77			03/08/2011	Woking	
3.52			27/03/2011	Lee Valley	Indoor
3.44			16/04/2011	Portsmouth	
3.27	Spencer	Pete	18/04/2011	Portsmouth	M65
2.90	Berogna	Matteo	08/05/2011	Guildford	U13B
2.87			05/06/2011	Winchester	
2.74	Lavery	Malc	16/04/2011	Portsmouth	MV45
2.84	Wickes	Joe	08/05/2011	Guildford	U13B
2.72			16/04/2011	Portsmouth	
2.80	Parkes	Ben	30/05/2011	Andover	U11B
2.46			14/09/2011	Portsmouth	
2.60	Sodha	Jaysal	16/04/2011	Portsmouth	U13B
2.55	Cawte	Mark	16/04/2011	Portsmouth	MV40
2.49	Brown	Brooklyn	16/04/2011	Portsmouth	U11B

Triple Jump

Distance	Surname	First Name	Date	Venue	Age Group
1.47	Gordon	Matt	09/07/2011	Portsmouth	U20M
10.20			07/05/2011	Worthing	
10.06			04/06/2011	Yeovil	
10.50	Berryman	Craig	09/07/2011	Portsmouth	SM
10.40			30/07/2011	Woking	
9.31			07/05/2011	Worthing	
9.02	Simpson	Neil	04/07/2011	Portsmouth	M45
8.87	Hawkes	Rhys	30/07/2011	Woking	SM
8.72	Parks	Tony	04/07/2011	Portsmouth	M50
7.68	Davis	Steve	16/05/2011	Winchester	M50
6.70	Spencer	Pete	16/05/2011	Winchester	M65

High Jump

Distance	Surname	First Name	Date	Venue	Age Group
1.60	Berryman	Craig	04/06/2011	Yeovil	SM
1.55			07/05/2011	Worthing	
1.55			09/07/2011	Portsmouth	
1.40			30/07/2011	Woking	
1.40			13/08/2011	Oxford	
1.58	Flower	Joe	11/06/2011	Aldershot	U15B
1.40	Palmer	Andy	20/06/2011	Winchester	M35
1.25	Roulston	Greg	18/04/2011	Portsmouth	M50
1.25			20/06/2011	Winchester	
1.20	Hawkes	Rhys	04/06/2011	Yeovil	SM
1.00			30/07/2011	Woking	
1.00			13/08/2011	Oxford	

Pole Vault

Distance	Surname	First Name	Date	Venue	Age Group
3.00	Williams	Mike	07/05/2011	Worthing	SM
2.40			04/06/2011	Yeovil	
1.80	Lattimore	Roger	04/07/2011	Portsmouth	M50
1.20	Hawkes	Rhys	04/06/2011	Yeovil	SM
1.20			13/08/2011	Oxford	
1.12			30/07/2011	Woking	
1.15	Spencer	Pete	16/05/2011	Winchester	M65
1.10	Berryman	Craig	07/05/2011	Worthing	SM
1.10			09/07/2011	Portsmouth	

Pentathlon

Points	Surname	First Name	Date	Venue	Age Group	Comments
912	Howard	Aaron	27/03/2011	Lee Valley	U13B	Indoor
888			02/05/2011	Portsmouth		