

## Senior Women Club Records

Event	Performance	Athlete	Venue	Date
50m Indoor	7.2	Sarah Gallaway U17		05/03/2000
60m	7.9	Amanda Weedon U17		27/03/1983
60m Indoor	8.14	SamVaille		11/03/2000
80m	10.6	Helen Davis U20	Sandown	11/03/2002
100m	12.2	Jo Reed U20	Abingdon	18/07/1998
150m	19.1	Jo Reed U20	Portsmouth	19/03/1997
200m	24.90	Jo Reed U20	Crystal Palace	24/05/1997
200m Indoor	26.55	Helen Davis U20	Birmingham	22/02/2003
300m	40.7	Alice Reynolds U17	Salisbury	20/07/2008
400m	57.2	Amanda Weedon U20		08/08/1985
400m Indoor	59.07	Jo Reed U20		22/02/1998
600m	01:36.4	Vicki Spencer		01/04/1988
800m	02:13.0	Zahara Hyde-Peters W35	Horsham	13/06/1999
800m Indoor	2:35.41	Sarah Gallaway U15	Kelvin Hall	11/12/1999
<b>1000m</b>	<b>02:57.8</b>	<b>Corin Reynolds</b>	<b>Portsmouth</b>	<b>14/09/2011</b>
1500m	04:28.3	Zahara Hyde-Peters W35	Wycombe	17/07/1999
1500m Indoor	04:56.3	Polly Keen U20	Sheffield	09/03/2007
1 Mile	04:46.1	Zahara Hyde-Peters W35		20/07/1996
2000m	06:55.0	Vicki Spencer U20		04/04/1981
3000m	9:27.09	Zahara Hyde-Peters W35	Birmingham	26/06/1999
3000m Indoor	9:16.89	Zahara Hyde-Peters W35		22/01/2000
5000m	16:04.12	Zahara Hyde-Peters W35		12/05/1996
10000m	34:38.0	Zahara Hyde-Peters		29/06/1996
60mH Indoor	9.26	Sarah Gallaway U20	UWIC	09/03/2002
100mH	15.3	Hannah Lloyd	Portsmouth	20/05/2000
400mH	67.2	Kati Jeram U20	Perivale	11/08/2001
1500m S/C	05:30.9	Polly Keen	Cambridge	18/10/2009
<b>2000m S/C</b>	<b>7:00.67</b>	<b>Polly Keen</b>	<b>Cambridge</b>	<b>21/05/2011</b>
<b>3000m S/C</b>	<b>10:47.93</b>	<b>Polly Keen</b>	<b>Birmingham</b>	<b>20/08/2011</b>
1 Mile Walk	09:36.2	Elaine Garrett-Simpson W35		27/03/2000
2000m Walk	12:16.9	Elaine Garrett-Simpson W40	Portsmouth	05/07/1999
3000m Walk	19:38.1	Louise Osgood U15	Barnet	25/08/2002
DT	39.54	Sonia Rayment U20		09/06/1985
JT	41.99	Sarah Ellis U17	Watford	27/05/2000
SP	12.79	Bronwyn Carter		10/06/1991
HT	49.26	Fiona Whitehead	Haslemere	13/07/1999
LJ	5.75	Amanda Weedon U17		11/06/1983
LJ Indoor	5.08	Sarah Gallaway U15	Kelvin Hall	11/12/1999
TJ	11.04	Hannah Lloyd	Portsmouth	20/05/2000
HJ	1.77	Sarah Loftus		20/05/1989
HJ Indoor	1.53	Sarah Gallaway U15	Kelvin Hall	11/12/1999
PV	2.70	Kelly Anderson	Southampton	30/04/2005
PV Indoor	2.40	Jo Barratt U17	Horsham	30/01/2000
Pentathlon	2457	Kati Jeram U20	Portsmouth	07/05/2001
Heptathlon	4339	Sarah Gallaway U17	Woking	23/06/2001