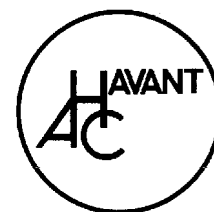


# HAVANT ATHLETIC CLUB



sponsored by SYCAMORE CARS  
& SouthernTyre and Battery Services  
BP Service Station, Havant Road, Emsworth  
Tel : 01243-377755



present the second

## HAYLING 10 MILE ROAD & TRAIL RACE

UKA Licence Number TBA Under UKA rules

on Sunday 28th November 2010 @ 10.00am  
Hayling Community Centre, Station Road, Hayling Island  
(with the kind co-operation of Hayling Baptist Church)

All facilities available. Extensive prize list. Mainly road with two miles on the traffic free Hayling Billy Line.

- ENTRY FEE: £12.00 UKA Affiliated Club Members, £14.00 Unattached runners
- CHEQUES PAYABLE TO: Havant AC
- MINIMUM AGE: 16 on day of race
- ENTRIES ON THE DAY: Subject to race limit not being reached, entries will be taken on the day and will include a £2 surcharge (i.e £14 and £16 respectively).
- SEND ENTRIES TO: Hayling 10, 58 Rushes Road, Petersfield, Hants  
GU32 3BP enclosing a 9 x 4 Stamped Addressed Envelope.
- CLOSING DATE: 17th November 2010, the right is reserved to bring forward or extend this date.



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SURNAME ..... FIRST NAME ..... SEX .....

ADDRESS .....

.....

.....

COUNTY ..... POST CODE ..... Tel No .....

Club (UKA affiliated) ..... D.O.B .....

Please tick category (Note: Veterans are included in the Senior Category in addition to their Age Group but if an individual becomes eligible for more than one prize only the higher value will be awarded:

Men Senior	Men 40-49	Men 50+	Men60+	Women Senior	Women 35-44	Women 45+	Women 55+

*I declare that I will abide by the laws & rules of UKA. I accept that the organisers will in no way be held responsible for any accident, injury, illness or loss incurred as a result of the race and that I run at my own risk.*

I enclose Entry Fee £ ..... (Please remember to include a 9 x 4 Stamped Addressed Envelope).

Signed (Parent or Guardian under 18) ..... Date .....