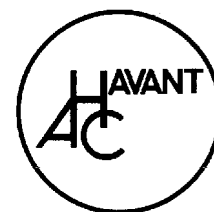


# HAVANT ATHLETIC CLUB

## OPEN TRACK & FIELD MEETING



Sunday 18th April 2010

**Mountbatten Centre, Portsmouth**

Havant Athletic Club present an open track and field meeting with the following events:

Long Jump   Shot Putt   Hammer   High Jump  
 100m   200m   300m   400m   800m   1 Mile   3000m

- Cost **£2.00** per event plus **£1.00** for each additional event.
- Entries on the day **£3.00** per event plus **£1.00** for each additional event.
- **Cheques payable** to Havant Athletic Club.
- Maximum events: U13 x 3, U15/U17/U20 x 4.
- Send entries to : **Havant Athletic Club Open, 95, Magpie Walk, Cowplain, Waterlooville, Hants. PO8 9XA.**  
***Please enclose a stamped addressed envelope if you require directions.***

Approximate timetable will be as follows:

09.30 Hammer	0945 300m
10.00 3000m, High Jump	1020 200m
10.45 800m, Long Jump (women),	11.15 400m, Javelin
11.40 100m,	1145 Shot Putt, Long Jump (men)

### 1215 The 1 Mile Challenge

***Field events, minimum of 4 trials.***



SURNAME ..... FIRST NAME ..... SEX .....

ADDRESS .....

.....

COUNTY ..... POST CODE ..... Tel No .....

Club (UKA affiliated) ..... D.O.B. ....

Age category (please tick):

<input type="checkbox"/> U13	<input type="checkbox"/> U15	<input type="checkbox"/> U17	<input type="checkbox"/> U20	<input type="checkbox"/> Senior	<input type="checkbox"/> Veteran
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Please tick selected event(s)

<input type="checkbox"/> Long Jump	<input type="checkbox"/> Shot	<input type="checkbox"/> Hammer	<input type="checkbox"/> Javelin	<input type="checkbox"/> High Jump	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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<input type="checkbox"/> 100m	<input type="checkbox"/> 200m	<input type="checkbox"/> 300m	<input type="checkbox"/> 400m	<input type="checkbox"/> 800m	<input type="checkbox"/> 1 Mile	<input type="checkbox"/> 3000m	<input type="checkbox"/>	<input type="checkbox"/>
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Entry Fee enclosed .....

Please send to : Havant Athletic Club Open, 95, Magpie Walk, Cowplain, Waterlooville, Hants. PO8 9XA