

Lee Valley Open Meeting

Saturday 10 April 2010

at Lee Valley Athletics Centre

Male and Female, all age groups from U13 unless stated
Event Timetable (times approx,)

Track	Field
10:45 300m Hurdles(U17W),	10.45 Hammer (Males)
11:00 400m Hurdles (U17M up, U20W up)	11:00 Pole Vault (starting height 1m50 M/F)
11:30 800m	11:00 Long Jump (Females)
12:15 1500m S`chase U17M	12:00 Hammer (Females)
12:30 2000m S`chase U20M	13:00 Pole Vault (starting height 3m40 M/F)
12:45 3000m S`chase SM/VM	13:30 High Jump (Males) & Javelin (Females)
13:00 3000m S`chase SW	14:30 Long Jump (Males) & Shot Putt (Females)
13:15 2000m S`chase U20W/VW	15:30 Javelin (Males)
13:30 1500m S`chase U17W	15.30 High Jump (Females)
14:00 100m	16:00 Long Jump (Males)
15:15 400m (all age group except U13)	16.30 Shot Putt (Males)
16:00 Sprint Hurdles	
17:00 200m	

All races will have 'ELECTRONIC TIMING' and will be graded within age groups

First Name:..... Surname: Male/Female

Club:..... Email Address:

Address..... Date of Birth: Age Group:

..... First Event + (PB):.....

..... Second Event +(PB):.....

..... Third Event + (PB):

Postcode: Where did you here about this event:.....

Entry fee: £5.00 for the first event plus £3.50 for each subsequent event. Please make cheques payable to LVRPA (Entry fees are non-refundable).

Entries on the day charged at £6.00for the first event, plus £4.00 for each subsequent event.

Entries and collection of numbers will close one hour prior to the start of the event.

Confirmation of entry by email.

DATA PROTECTION ACT 1998 - FAIR COLLECTION NOTICE

By adding your details to this form you are giving consent for the Lee Valley Regional Park Authority to process your information in accordance with current data protection legislation. Under the Data Protection Act 1998 your personal details will be processed fairly and lawfully and will not be passed on to any

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